



Direct from London Chinatown  
and in BROOM from  
11<sup>th</sup> October 2008

@ The Village Hall  
(opposite the Post Office on the High Street)

Saturday Mornings:  
10 - 11 Children and Families  
11 - 12 Teens and Adults

## Tae Kwon Do

*Have you seen the movie "The Foot Fist Way?"*

*Come and try out a practical version of the Olympic Martial Art.*

- Learn to defend yourself
- Build up your confidence
- Gain focus and self control
- Experienced instructors
- A national association
- Full safety policies in place
- Clear, reasonable charges
- No hidden costs
- Your first lesson is free
- Parents – come and watch
- Holiday visitors welcome

Kick like this!



*One of the fastest, most effective and enjoyable ways to get fit.  
Suitable for boys and girls, men and women, from 6 - 60!*

*Come just to have fun and get fit, or train to gain new belts.  
Regular students get to train with experienced martial artists in  
London Chinatown.*

Contact our Chief Instructor,  
Neil Hall, on 0751 7437 300

See us in action in  
Chinatown at  
[www.ccc.org.uk](http://www.ccc.org.uk)