



STRATFORD UPON AVON DISTRICT SERVICES

Ageing Well Programme – Tel: 01926 458117

A service, which encourages older people, aged 50 plus to adopt healthier lifestyles, this is achieved through health information stands and physical activity clubs in a range of venues across the County.

Alcester Specialist Day Club – Tel: 01926 458114

Low priority day care for people with a mobility problem. Providing therapeutic activities.

A Way to Home – Tel: 01926 458114

A re-enablement programme based in Sheltered Schemes in Stratford, Wellesbourne and Southam which assist people to regain skills in order to live independently, with support at home rather than be admitted to residential care.

Care and Repair & Handyman Service

Practical advice and support for repairing, adapting or maintaining a home so that it remains safe and secure and maintains peoples independence in the community. Private sector only.

Carers Short Break Service – Tel: 01789 299332

Provides respite at home by trained staff to relief the carer of their duties. Suitable for clients with dementia or physically frail.

Community Support and Befriending – Tel: 01926 458114

Referrals only via Social Services for people who are experiencing social isolation. A trained volunteer is partnered with a person requiring support to help them move forward and regain confidence and become less socially isolated.

Counselling Service – Tel: 01926 458114

A partnership with the Counselling Studies Department of the University of Warwick. Provides a free counselling service to older people in distress.

Daily Living Support/Hospital Discharge – Tel: 01926 458125

Short-term support up to six weeks for low priority clients to assist them back to independence.

Functional Mental Health Day Club – Leamington Spa Tel: 01926 458125

Provide a structured day of therapeutic activities to enable people recovering from a mental health illness to move on into other community support services.

Gardening – Tel: 458115

A Gardening Service is available to clients 60+(who are in receipt of one of the following benefits:- Attendance Allowance, Minimum Income Guarantee, Disability Living Allowance, Housing Benefit and Council Tax Benefit not single person allowance), or under 60 with disabilities. Basic garden maintenance, i.e. grass cutting, hedge trimming, pruning and weeding. Time allocation is 2 hours per month.

Home Safety Check Service – Tel: 01926 458125

Provides an audit of people's homes, supported by handyperson who will then undertake remedial work such as fitting grab rails, for the cost of the materials – no labour charge.

Lifestyles – Tel: 01926 458125

Low priority private care service.

Lunch Clubs – Tel: 01789 205059

A variety of Lunch Clubs situated in Pubs and Sheltered Housing Schemes throughout the District.

Older Peoples Technology (OPT) – Tel: 01926 458115

Learning to use IT in Libraries supported by a volunteer trainer.

Patches – Tel: 01926

Aims to reduce accidental injuries to children by providing low cost safety equipment to families on low income.

Rural Library Service – Tel: 01926 458100

Delivering books, tapes and information every four weeks to people who are unable to obtain access to the main mobile libraries or are unable to leave their own home.

Rural Outreach Service – Tel: 01789 205059

Commencing August 2003. Meeting places in rural settings for older people to socialise, access other services, learn new skills and make new friends.

Support Time and Recovery – Tel: 01926 458112

The STR role involves providing the Support clients who are experiencing mental health problems need by giving them Time and so aid their Recovery. Recovery is based on mutually agreed goals arising from a joint assessment of the individual's strengths and needs. Age Concern carry out assessment and risk assessments.

The Right Move – Tel: 01926 458125

Detailed advice and practical support for people considering moving home.

TransAgeAction – Tel: 01926 458115

Intergenerational project in schools.